

REGISTRATION FOR LESSON PROGRAMS**HOW, WHEN AND WHERE TO REGISTER**

Registration will be ongoing at the Skating Center and will continue during office hours until all programs are filled.

Office hours are: Monday through Friday from 9:00am to 4:00pm .

Mail-in payments will be accepted if accompanied by the required forms. Forms may be obtained at the rink office or can be downloaded from www.yonkersny.gov. **Incomplete forms will not be accepted and will be mailed back to the sender. Register online at yonkersny.gov.**

Registrations will be accepted for semester one season but not for semester two until registration notices for semester two are distributed.

FEES DO NOT INCLUDE SKATE RENTALS

NO REFUNDS will be issued after programs begin.

Refund requests because of illness or accident must be submitted in writing and be accompanied by a doctors' note. Refunds will be pro-rated.

CANCELLATIONS

The Yonkers Department of Parks, Recreation and Conservation reserves the right to cancel programs where insufficient registration is received. A full refund will be issued if the Department cancels a program.

Classes may be cancelled due to inclement weather. Makeup classes will be scheduled at the discretion of the management
Cancellations will be announced on WFAS 103.9 or 106.3FM.

OUR MISSION

Since 1960, The Murray Skating Center has provided quality skating and hockey programs to residents of The City of Yonkers and the surrounding communities.

The Skating Center has endeavored to provide a wide range of programs serving the diverse needs of children and adults of all ages. We have always adhered to our original stated goal which is to produce "skating families". All programs focus on the development of the positive characteristics that can be derived from participation in athletic activities such as good sportsmanship, self discipline, responsibility and the ability to function in peer groups.

The importance of winning is de-emphasized while primary attention is focused on the development of a healthy, recreational environment.



**CITY OF YONKERS
DEPARTMENT OF PARKS,
RECREATION AND CONSERVATION**

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Robert Allo.....Assistant Rink Manager
Patricia Urban.....Skating School

2009 - 2010 ICE SKATING AND ICE HOCKEY

348 Tuckahoe Road
Yonkers New York, 10710
(914) 377-6469
www.yonkersny.gov

City of Yonkers,
Department of Parks,
Recreation and Conservation
**Edward J. Murray Memorial
Skating Center**



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OUR PROGRAM GOALS

Our mission is to provide safe, top quality, affordable, recreational Ice Hockey Programs to the youth and adults of our community. Beginning with basic instruction and progressing through league competition we offer something for all ages and skill levels. All programs emphasize skills development, fair play and good sportsmanship and provide participants with the ultimate experience of*HAVING FUN!!!*****

LEARN TO SKATE CLASSES

The primary mission of an aspiring hockey player should be to learn how to skate. A wide range of class times are available for those who need to learn the basics of ice skating prior to playing hockey.

(See Skating School Programs).

Beginning skaters looking for the hockey environment are also welcome to join the “**Hockey Clinic**” if they have the required equipment.

Whatever the choice, either program will get a new player off to a great start. Register online at yonkersny.gov.

HOCKEY CLINIC-LEARN TO PLAY

Tuesdays from **5:30 to 6:15 p.m.** for ages 5 to 12 years. Participants are grouped according to proficiency and given instruction in basic skating and hockey skills. Simple games and drills will be utilized to accomplish these goals. Cross Ice scrimmages will be organized at the end of each session. **Season:** October 6, 2009 through April 21, 2010.

Fee: \$459.00 for 27 weeks. Checks payable to: City of Yonkers or register online at yonkersny.gov

IN HOUSE LEAGUES

Teams will be formed in the age groups listed and will compete in a non-checking, recreational format. Pre-season workouts will be held for the purpose of evaluating players for placement on teams and enhancing individual skills needed to participate. In addition to the regular season games and playoffs, general practices will be incorporated into the schedule to promote player development. Jerseys, referees, scorekeepers, awards and USA Hockey membership are included in the league fee. Winning games is de-emphasised as the program will focus on equal playing time and skills development including cross ice games and practices. Players must be available during any of the planned times listed. **No online registration**

Fee: \$500. Checks payable to “Yonkers Hockey Association”.

HOCKEY PROGRAMS 2009 - 2010

DIVISION

SQUIRT/ MITES

AGES

10 and under (age on or before 12/31/2009)

PLANNED TIMES Sundays at 4:10pm
and / or Wednesdays 5:10pm

BANTAM/PEEWEE

AGES

14 and under (age on or before 12/31/2009)

PLANNED TIMES Sundays at 9:40am
and / or Wednesdays 5:10pm

FIRST WORKOUTS FOR IN HOUSE PROGRAMS

Squirts / Mites Sunday, October 4, 4:10pm

Bantam / Pee Wee Sunday, October 4, 9:40am

**Pre-season workout schedules will be distributed during these times.
Regular season schedules will be distributed at the final pre-season workout**

GENERAL YOUTH HOCKEY INFORMATION

All youth hockey programs are designed to promote skills development utilizing games and drills in accordance with the guidelines set forth by “USA Hockey”. “USA Hockey” membership provides excess insurance and other benefits. “USA Hockey” is currently promoting the use of “cross ice” programs to enhance player development. “Cross ice” games and practices will be utilized for all youth hockey programs
Registration is ongoing and will continue until programs are filled.

All fees must be **paid in full** at registration. Players age determines eligibility and placement.

Mail-in registrations will be accepted if accompanied by the proper forms and full payment **To receive forms by mail call: (914) 377-6469 or go to www.yonkersny.gov. No online registration for hockey leagues.**

**COPY OF BIRTH CERTIFICATE REQUIRED
FOR ALL YOUTH HOCKEY PLAYERS.**

EQUIPMENT REQUIREMENTS FOR HOCKEY PROGRAMS



- ← H.E.C.C. approved helmet & face protection
- ← Throat protector
- ← Inner mouth piece
- ← Ice hockey shoulder, shin & elbow pads
- ← Cup and athletic supporter
- ← Ice hockey gloves and stick
- ← Ice hockey skates
- ← Ice hockey pants



TRAVEL YOUTH HOCKEY

The “**Westchester Mariners**” play and practice at the Murray Skating Center. To contact the “Mariners” go to www.Westchestermariners.com

HIGH SCHOOL HOCKEY

The **Murray Skating Center** is host to **Catholic High School Hockey League** games featuring a double header every Thursday evening at 5:15pm beginning December 3rd and continuing through the March playoff rounds. Spectators are welcomed and admission is \$3.00

ADULT HOCKEY

“**Hockey North America**” offers both league play as well as instructional programs for all levels of ability and experience.

OPEN HOCKEY

Players 18 years and older may participate in an open scrimmage or practice workout during the times listed below.

Fee: \$10 per session.....Equipment required!.....Goalies skate free

Tuesday Mornings-----11:00 am to 1:00 pm

Thursday Mornings--- 12:15 pm to 2:15 pm

**ICE RENTAL TIMES AVAILABLE
FEE: \$360. PER HOUR**

**CALL (914) 377 - 6469 TO PLAN
SCHOOL TRIPS, HOCKEY RENTALS
SCOUT TROOP OUTINGS and PRIVATE PARTIES
Proper forms and a \$100 non-refundable deposit required
per hour rented to reserve ice time**

TOT “TRIAL” EVALUATION CLASS -AGES 4, 5 AND 6

Tots can “try-out” a group skating class, to help decide if they are ready for lessons. Reservations for a trial class will reserve a spot in the first semester of group classes. If the parent decides to continue the class, full payment for Semester I must be made on the day of the trial class. A child may register for lessons without a trial class. **Missed reservations for trials will be charged for a new trial date if space is available. Register online at yonkersny.gov.**

**PRE-REGISTRATION IS REQUIRED FOR
THE TRIAL LESSON.
TRIAL DATE: THURSDAY, OCTOBER 1, 2009
4:30PM OR 5:00PM
FEE FOR TRIAL CLASS: \$ 15.00**

TOT CLASS- AGES 4, 5 AND 6

Curriculum includes 4 levels from learning to stand and move on the ice to stroking and one foot glides. Children will be grouped according to their skill level.

SKATE 1 AND SKATE 2 CLASS-AGES 7 TO 14

Students must be able to stand on the ice unassisted in order to be eligible for this class. Curriculum includes an array of basic skating skills from two foot glides to stroking and backward swizzles. Upon mastery of recreational level, students are tested for the ISI Pre-Alpha Level and move up to the the Alpha level, for an additional fee, paid to the City of Yonkers. At this time the student must join ISI for \$ 13.00 per year (payable by check to ISI)
.Note: All students with appropriate skills are eligible for Alpha Class

TOT, SKATE 1 AND SKATE 2 CLASS TIMES AND FEES

SEMESTER I	TUESDAY	4:00 OR 4:30 PM	13 WEEKS	\$ 195.00
	THURSDAY	4:00 PM	12 WEEKS	\$ 180.00
	SATURDAY	9:45 OR 10:15AM	14 WEEKS	\$ 210.00
	SUNDAY	1:15PM	13 WEEKS	\$ 195.00
SEMESTER II	TUESDAY	4:00 OR 4:30 PM	14 WEEKS	\$210.00
	THURSDAY	4:00PM	14 WEEKS	\$210.00
	SATURDAY	9:45 OR 10:15AM	13 WEEKS	\$195.00
	SUNDAY	1:15PM	12 WEEKS	\$180.00

LEARN TO SKATE PROGRAM

The Ice Skating Institute Method

All students begin lessons at the Tot , Skate 1 or 2 level learning basic skills necessary to progress to Alpha level and beyond. Each level contains specific components as listed and tests are given at regular intervals to enable students to reach the next level. Register online at yonkersny.gov

SEMESTER I: OCTOBER TO JANUARY

SATURDAY	SUNDAY	TUESDAY	THURSDAY
10/3-1/16	10/4-1/17	10/6-1/12	10/8-1/14

SEMESTER II : JANUARY TO APRIL

SATURDAY	SUNDAY	TUESDAY	THURSDAY
1/23-4/17	1/24-4/18	1/19-4/20	1/21-4/22

ALPHA CLASS: Curriculum: Forward stroking , forward cross-overs one foot snow plow and posture as detailed in the ISI Handbook

BETA CLASS: Curriculum: Backward stroking, backward cross-over strokes, T-stop and posture as detailed in the ISI Handbook.

GAMMA CLASS: Curriculum: Three turns and Mohawk turns, hockey stop and posture as detailed in the ISI Handbook .

DELTA CLASS: Curriculum: Forward inside three turns,forward edges shoot the duck forward lunge, bunny hop and posture as detailed in the ISI Handbook

ALPHA,BETA,GAMMA AND DELTA CLASS TIMES AND FEES

SEMESTER I	TUESDAY	5:00 PM	13 WEEKS	\$208.00
	SATURDAY	9:15 AM	14 WEEKS	\$224.00
SEMESTER II	TUESDAY	5:00 PM	14 WEEKS	\$224.00
	SATURDAY	9:15 AM	13 WEEKS	\$208.00

FREESTYLE 1 THROUGH 9 CLASSES

Curriculum includes stamina training, flexibility, all jumps and spins in a progression of difficulty. The first 15 minutes of each class will be a warmup period devoted to power skating, edges and movement to music.

FREESTYLE CLASS TIME AND FEES

FREESTYLE 1 THROUGH 4				
SEMESTER I	SATURDAY	8:30 AM	14 WEEKS	\$ 252.00
SEMESTER II	SATURDAY	8:30 AM	13 WEEKS	\$ 234.00
FREESTYLE 5 THROUGH 9				
SEMESTER I	SATURDAY	7:45 AM	14 WEEKS	\$ 252.00
SEMESTER II	SATURDAY	7:45 AM	13 WEEKS	\$ 234.00

ADULT SKATING LESSONS

Group lesson for beginner adults who aspire to enjoy recreational ice skating as a family activity. Advanced level adults may consider arranging for private instruction.

SEMESTER I

ADULT BEGINNER LESSONS
SAT 9:45 AM 14WEEKS \$210.00

SEMESTER II

ADULT BEGINNER LESSONS
SAT 9:45 AM 13WEEKS \$195.00

FREESTYLE TIME

Students Alpha Level and above may participate in practice time as indicated below. Skaters who have not achieved Alpha Level may participate if taking a private lessons with one of our staff professionals. Students must arrange for their lesson in advance with the instructor of their choice and must pay the insrtuctors fee in addition to the freestyle fee listed below. To arrange for skate rentals please contact the“**Varsity Skate Shop**” at (914) 337-3916

MONDAY THROUGH FRIDAY	5:30 - 8:30AM	\$ 5.00 PER HOUR
TUESDAY	2:30-4:00 PM	\$15.00 PER HOUR
THURSDAY	2:30-4:00 PM	\$15.00 PER HOUR
	4:30-5:00 PM	\$10.00 FOR 1/2 HOUR

FREESTYLE FEE MUST BE PAID FOR BEFORE ENTERING THE ICE

YONKERS FIGURE SKATING CLUB

The place to be for the aspiring figure skater, the club offers programs geared to serve the needs of the serious competitor. A major component at the Murray Rink for over twenty years, the club has worked with rink staff to promote instructional programs, competitions, skating exhibitions as well as numerous special events to benefit various charitable causes. A true partnership, rink and club programming have combined to create a top notch figure skating environment at the Murray Rink.

HAVING A BIRTHDAY ? Why Not An Ice Skating Party?

Combine the fun of ice skating with a birthday and you have one especially happy occasion. Reserve your table for at least 12 skating guests on any public skating session except Saturday from 11 to 1 p.m. Admission for skating guests is \$6.00 and skate rental is \$3.50. **A check for \$50 made payable to :City of Yonkers along with a completed reservation form are required to secure a party reservation**

You may decorate your table and bring a birthday cake with the necessary paper goods to serve your cake. Our snack bar is open for your convenience for any beverages and food you would like to serve.

Restrictions: No food or beverage with the exception of a Birthday Cake may be brought into the rink and you must leave the rink at the end of the public session.

Our cashier will count your guests and issue a ticket for skate rentals needed. When all your guests have arrived, you may pay the cashier.

For party reservations please call the rink office at (914) 377-6469.

PUBLIC SKATING ADMISSIONS

ADULTS.....	\$7.00	SKATE RENTAL	\$3.50
CHILDREN (UNDER 12).....	\$6.00	CHAPERONE	\$1.50
SENIOR CITIZEN.....	\$1.50	(10am to noon sessions only)	

PUBLIC SKATING SESSIONS

Wednesday10:00am - Noon
Thursday 10:00am - Noon
Friday.....10:00am - Noon, 3:00 -5:00 pm and 8:00 - 10:00 pm
Saturday.....11:00am - 1:00pm, 2:00 -4:00pm and 8:00 - 10:00 pm
Sunday.....11:00am - 1:00pm, 2:00 - 4:00pm and 5:20 - 7:20 pm

SPECIAL SKATING SESSIONS

OPENING DAY

Friday, October 2nd8:00pm - 10:00 p.m

COLUMBUS DAY

Monday, October 12th.....11:00am -1:00pm and 2:00-4:00 pm

VETERANS DAY

Wednesday, November 11 th....11:00-1:00pm

FRIDAY, NOVEMBER 27th (Day after Thanksgiving)

11:00-1:00pm..... 2:00pm - 4:00 pm8:00pm -10:00pm

HOLIDAY WEEK SCHEDULE

Thursday,...December 24th..11:00-1:00 pm and 2:00-4:00 pm
Friday,.....December 25th..CLOSED CHRISTMAS DAY
Saturday,....December 26th..11:00-1:00 pm, 2:00-4:00 pm and 8:00-10:00pm
Sunday,.....December 27th..11:00-1:00 pm, 2:00-4:00 pm and 5:20-7:20pm
Monday,....December 28th..11:00-1:00 pm, 2:00-4:00 pm and 8:00-10:00pm
Tuesday,....December 29th..11:00-1:00 pm, 2:00-4:00 pm and 8:00-10:00pm
Wednesday,December 30th..11:00-1:00 pm, 2:00-4:00 pm and 8:00-10:00pm
Thursday,.....December 31st..11:00-1:00 pm and 2:00-4:00 pm
Friday,.....January 1st.....11:00-1:00 pm, 2:00-4:00 pm and 8:00-10:00pm
Saturday,.....January 2nd.....11:00-1:00 pm, 2:00-4:00 pm and 8:00-10:00pm
Sunday,.....January 3rd.....11:00-1:00 pm, 2:00-4:00 pm and 5:20-7:20pm

MARTIN LUTHER KING JR. DAY

Monday, January 18th.....11:00am -1:00 pm , 2:00pm - 4:00 pm

PRESIDENT'S WEEK

Monday, February 15th11:00am -1:00 pm, 2:00pm - 4:00 pm
Tuesday, February 16th11:00-1:00 pm
Wednesday, February 17th ,..... 10:00am -Noon and 3:00-5:00 pm

CLOSED THANKSGIVING DAY, CHRISTMAS DAY AND EASTER SUNDAY

SPECIAL SKATING EVENTS 50th ANNUAL ICE SHOW

**FRIDAY, APRIL 23rd , SATURDAY, APRIL 24th AT 7:00 PM
and SUNDAY, April 25th AT 3:00 PM**

The grand finale of each ice skating season at The Murray Skating Center is our Ice Skating Show. Nothing can top the excitement generated by the lavish display of colorful scenery and costumes not to mention the opportunity for each and every student to display their talents in front of an enthusiastic crowd. Beginner students will skate on one of the above listed dates depending on which day they take lessons. Extra show rehearsals are scheduled at no extra charge and costume costs are kept to a minimum. Spectators are welcomed and admission is free. **JOIN THE FUN!!!**

HALLOWEEN COSTUME PARTY

SATURDAY, OCTOBER 24, 2009

2:00pm - 4:00pm

PRIZES FOR BEST COSTUMES,
GAMES AND FUN FOR ALL!!



I.S.I FIGURE SKATING COMPETITION YONKERS FIGURE SKATING CLUB

"WINTER HOLIDAY CLASSIC"
SUNDAY, NOVEMBER 22, 2009



HOLIDAY ICE SHOW & SKATING PARTY

SUNDAY, DECEMBER 20, 2009, 5:20 -7:20pm
FEATURING SOLOISTS AND SYNCHRONIZED
TEAM SKATING, SPECIAL APPEARANCE BY
SANTA AND MRS. CLAUS



"The Varsity Skate Shop" offers a wide range of ice skates and skating apparel and accessories at reasonable prices right on the premises. Skate sharpening and repairs are also available. Stop by the shop for all your skating needs as well as expert and courteous service. Call (914) 337- 3916 and ask for Bill .

"Ice Palace Cafe" offers a complete and courteous food service with a wide range of menu selections. Ask about the Birthday Party Package and take advantage of the many options available to make your party a special event. Call (914) 434-6666